Life Course Planning A Practical Guide

Introduction

Many people are uncomfortable thinking about or talking with others about the end of their lives. However, learning about end-of-life arrangements and talking in advance with your loved ones and your health care provider can help lessen fears. Such preparation can also let those close to you know how you would like matters to be handled, making it more likely that your wishes will be carried out.

This guide looks at various choices available to you, whether you are preparing in advance, or if you, a family member, or friend are already dealing with a terminal illness or a sudden death.

You have the right to decide what kind of care you want or do not want, to choose where you want to spend the last days of your life, and to make clear what you would like from people close to you. You have the right to decide how matters should be handled after your death. After all, we plan for other life events, like birth, graduations, weddings, and birthdays, but often we neglect preparation for the end of our lives.

At some point each of us will come to the end of our life. Thinking and talking about it can make the experience less difficult for ourselves and for those we leave behind. Being open can help us break through isolation, give us comfort and a chance to live our lives fully even as we face our mortality.

Topics Include:

Facing Death

Medical Concerns

Legal and Practical Concerns

Grief and Loss

Final Arrangements

Facing Death

When we face the end of our own life, or that of a loved one, we bring to the experience all of our values, traditions, emotions, and knowledge, all of the parts that make up who we are. In some cultures, death is accepted as a part of life, while in others there is a fear to talk openly about it.

In facing your own terminal illness, or the death of a loved one, you may want to seek the advice and support of family members, friends, religious or spiritual advisors, or get counseling or support from others who have had a similar experience. In addition, hospice programs, described elsewhere in this guide, specialize in caring for terminally ill patients and their loved ones.

When a Patient has a Terminal Illness

When a patient is told he or she has a terminal illness, it can be frightening and overwhelming. The patient may feel there is nothing more to do, but there are still choices to be made.

It is important to have a partnership with your health care provider, as he or she can provide needed care and can educate you on what to expect. Even though your illness may not be curable, there is care that can provide comfort.

Tell your health care provider what is important to you and how you want to be treated through each stage of your illness. Make a list of questions and concerns and have a friend or family member go to appointments with you. Having another person can help in asking questions and in understanding what is being said. If there is something you do not understand, ask that it be explained more clearly.

Along with medical care, you may want to seek emotional, physical, and spiritual care. Other professionals that can be of help are listed under the section "Home Care Programs."

The assistance of friends and family members can be important not only for you, but also for your loved ones. People often want to help, but are uncertain how to ask or what to offer. You, or someone close to you, can make a list of needs. These needs might include spending time with you or going to appointments, providing meals, assisting with legal and estate matters, gathering medical information, running errands, organizing bills and other paperwork, doing laundry or yard work, and arranging for home care services.

You may choose to face your illness with the help of only a few close loved ones or to involve a wider community of support. It is important to take part in deciding when and how you want help from others.

You might choose life-prolonging treatment or at some point you may decide to limit such treatment. You might choose to have medical care in a hospital or, if possible, you may want to remain in your home. Programs like hospice, home health agencies, or nurse registries can provide some medical and support services in the home.

Special Concerns

When Death is Sudden and Unexpected:

Whatever the cause, sudden death can leave survivors in shock, intensifying feelings of grief and loss. There is no time to say good-bye or to show the person how you feel. In addition, if the person who died did not prepare in advance, funeral services will have to be arranged quickly, perhaps without knowing what the person would have wanted. You may have to straighten out legal and financial matters requiring a lot of work and time.

When a Child Dies:

Parents, grandparents, brothers or sisters, and other relatives and friends can experience a wide range of intense emotions when a child dies. You may blame yourself or repeatedly replay the event in your mind in hopes of changing the outcome. It may help to talk with others who have lost a child.

The Compassionate Friends is a national support organization that offers friendship and understanding to grieving family members who have lost a child. They have a national website and local support groups throughout the United States. For more information visit CompassionateFriends.org or call their toll-free number (877) 969-0010.

When Death is the Result of Suicide:

The grief that survivors of suicide feel can be overwhelming. You might wonder if you could have done something to prevent the suicide. For more information, you may want to contact the following organizations: Survivors of Suicide (SurvivorsOfSuicide.com) or the Center for Suicide Awareness (www.centerforsuicideawareness.org, (800-273-8255) or the Hopeline (cellphone text to 741741). For possible support resources in your local community call the phone number 211 or visit Flairs.org.

When Death is the Result of Criminal Violence:

Dealing with the results of criminal violence can be an emotional and confusing experience. The person who brought on the violence may never be found or, if the person is arrested, you might choose to participate in what is usually a long legal process. Many law enforcement departments and state attorney offices have a victim advocacy program that assists survivors of a murder victim.

The Division of Victim Services at the Florida Attorney General's office has a fund for financial assistance to innocent victims of crime. If your loved one was a murder victim, his or her immediate family may be eligible for financial help for some lost income, mental health services, and funeral expenses. To learn more call the toll-free number (800) 226-6667, or in the Tallahassee area call (850) 414-3300, or visit MyFloridaLegal.com.

Medical Concerns

The medical needs and concerns of a terminally ill patient will likely change as the patient's illness progresses. This section looks at medical concerns, including questions for your health care provider, pain management, and home care programs.

Questions for Your Health Care Provider

It is important to have open and comfortable communication with your health care provider. If you are direct about what you need you are more likely receive the kind of care you want. Also, if you do not understand something that is said to you, ask that it be more clearly explained.

Questions to ask might include:

- What is your experience in working with terminally ill patients?
- Are you comfortable talking openly with me about death and dying?
- What will happen to me as this illness progresses?
- What are my care options?
- What are the benefits and difficulties of my care options?
- What medications will I be taking and how will they affect me?
- If I experience pain, how will it be managed?
- Will you keep me informed of changes in my care plan?
- If I want aggressive, limited, or experimental treatment, will you respect my wishes?
- If I want only comfort care, such as provided through hospice, will you continue to serve as my health care provider?
- What is the range of time I might be expected to live?
- What can I expect during the last few weeks or months of my life?

You have the right to decide how much treatment you want. Do you want the medical staff to do everything medically possible to extend your life? Do you want care given only for comfort and to reduce pain? If you say you want a certain level of treatment, and even if you put those choices into writing, you still have the right to change your mind at any point.

Pain Management

If the illness is going to cause pain, it is very important that pain be talked about and managed as best as possible. According to various studies, patients often are undertreated for pain. You can suffer unnecessarily when you or those providing your health care are uncertain about appropriate medication dosage or if they do not understand your level of pain.

Pain management needs to be responsive to the needs of each patient. It needs to include good communication between you and the medical staff involved in your care. Talk with your physician or nurse if you feel you are not receiving the best level of pain management. You can

also request a second opinion on treatment options. In addition, hospice programs have knowledgeable experience with pain management.

Home Care Programs

Hospice provides a coordinated program of professional and volunteer services for patients with a terminal illness. Staff members are specially trained to assist you and your loved ones in dealing with end-of-life issues. They offer palliative care, which provides comfort and relieves pain and other symptoms when there is no cure available. Hospice allows you to die with dignity, respecting your values and encouraging you and your loved ones to be involved in the decision making process all along the way. The goal is to provide a good quality of life while preparing for the end of life.

To be eligible for hospice services a patient must have a prognosis of living six months or less and no longer want curative care. This means the patient is not looking for a cure, but wants palliative care (described in the previous paragraph). If a patient lives beyond six months after admission they can continue to receive services as long as the doctor continues to document the patient's eligibility. Hospice services are often not fully used because most people turn to hospice only during the last two to six weeks of the patient's life, though they could have the services for much longer.

Hospice services can be provided at the following locations:

- Your personal home
- Nursing home
- Assisted living facility
- Group home
- Foster care home
- Freestanding hospice facility
- Hospital

Services can include:

- Nursing
- Physician care
- Social work
- Pastoral services
- Nutritional counseling
- Grief counseling for patients and their families
- Physical, occupational, speech, and massage therapy
- Music and art therapy
- Home health aide and homemaker services

- Home medical supplies and equipment
- Respite services for caregivers

Grief counseling and support continue to be available to loved ones after the patient dies.

Employees in home health agencies and nurse registries can also provide some of the services listed above. However, their employees may not be specially trained to assist with end-of-life issues, like hospice. Home health agencies and nurse registries can provide services from a nurse, certified nursing assistant, home health aide, and homemaker. In addition, a home health agency can provide physical, speech, occupational and respiratory therapy; home medical equipment; nutritional counseling; and social work services.

You can find a list of Florida hospice providers, home health agencies, and nurse registries on <u>Facility Locator</u> at <u>FloridaHealthFinder.gov</u>. After you have an agency or a list of agencies click on a name to find the address, phone number, driving directions, the administrator and owner, emergency actions (where applicable), and a link to inspection reports.

The profile page also includes a "Compare Quality and/or Pricing" link for Medicare certified home health agencies that connects to Medicare's Home Health Compare website. The Compare Quality and Pricing link for hospice providers opens the Family Evaluation of Hospice Care survey. The results of this survey are based on the experience of families whose loved one received hospice care. It asks family members about their view on the care provided to the patient, as well as their own hospice experience and asks if the patient's care needs were met, including personal needs, respectful treatment, if the family was kept informed, and if evening and weekend needs were met.

Services through home care programs can be paid by private funds or by some insurance policies. In addition:

- If you are eligible, Medicare or Medicaid can pay for hospice services.
- If you and the home health agency are eligible, Medicare or Medicaid may pay for home health services.
- If you and the nurse registry are eligible, one of the Medicaid Waiver Programs may pay for services arranged by a nurse registry.

For more information visit <u>Medicare.gov</u> or call the toll-free number (800) 633-4227 or TTY (877) 486-2048. To apply for Medicaid visit <u>MyFLFamilies.com</u> or call the toll-free number (866) 762-2237. To read more about the Medicaid program view the <u>Medicaid</u> page on <u>FloridaHealthFinder.gov</u>.

For more information on home care programs see <u>Home Health Care in Florida</u> on <u>FloridaHealthFinder.gov</u>.

Legal and Practical Concerns

We all have the chance to make some plans in advance of a terminal illness or an unexpected death, and to discuss these matters with the significant persons in our lives. This section looks at health care advance directives, Do Not Resuscitate Orders, durable power of attorney, wills, and tips for getting organized.

Health Care Advance Directives

A health care advance directive is a paper that expresses a person's wishes about his or her health care, or a written form directing an anatomical donation after death. Advance directives, as the term indicates, are written in advance. Some people write them when they are diagnosed with a life-threatening illness. Others put their wishes into writing while they are healthy, often as part of their estate planning, like writing a will or buying life insurance.

Types of health care advance directives include:

- Living will a written form that describes if you want certain life-prolonging medical care provided, withheld, or withdrawn if you are unable to make your own decisions and you have a terminal illness or are in a persistent vegetative state.
- Health care surrogate designation a written document naming another person as your representative to make medical decisions for you if you are unable to make them yourself. You can include instructions about any treatment you want or do not want, similar to a living will. You can also choose an alternate surrogate. If you choose a health care surrogate and alternate, be sure to ask them if they agree to take this responsibility, discuss how you would like matters handled, and give them a copy of the document.
- Anatomical Gifts a written document that indicates your wish to donate, at death, all or part of your body. This can be organ and tissue donation to persons in need, or donation of your body for training of physicians, dentists, physician assistants, and other health workers. For more information see the section "Anatomical Donation."

It is important that any health care advance directive be witnessed by at least two individuals. Laws on advance directives are in Chapter 765 of the Florida Statutes (Available at your local library or at leg.state.fl.us). The Chapter includes samples of a living will, designation of a health care surrogate, and donor of anatomical gifts. You can hire a lawyer to write these documents or you can refer to the Florida Statutes for examples.

You can also use our publication Health Care Advance Directives on FloridaHealthFinder.gov.

Other organizations also provide advance directives. One is "Five Wishes" that includes a living will and a health care surrogate. Five Wishes is distributed by Aging with Dignity (AgingWithDignity.org, 888-594-7437).

Other Forms

- A Do Not Resuscitate Order (DNRO) is a form to identify people who do not wish to be revived if they are not breathing or if their heart stops. It usually is for patients who are terminally ill or who are in a persistent vegetative state. The DNRO is a specific form from the Florida Department of Health. Your attorney, health care provider, or an ambulance service may have copies available for your use. The DNRO form is requested and signed by you, or your legal representative, and is signed by your doctor. More information is available at http://www.floridahealth.gov/about/patient-rights-and-safety/do-not-resuscitate/index.html.
- Durable power of attorney is a written document naming another person to act in your behalf. It is similar to a health care surrogate, but the person can be designated to perform a variety of activities (financial, legal, medical, etc.). If you choose someone as your durable power of attorney be sure to ask the person if he or she will agree to take this responsibility, discuss how you would like matters handled, and give the person a copy of the document.
- A will tells others how you want your financial estate and possessions to be distributed after you die. It can also name someone to be the personal representative of your estate or to care for your dependent children, should that be necessary. A lawyer can write a will for you or you can write one yourself. There are books and Internet resources that can guide you in writing your will.

Tips to Help You Get Organized

- Decide whether you want a will, health care advance directive, durable power of attorney, and/or a Do Not Resuscitate Order (DNRO), as described in the previous section. From time to time review your needs and the documents you have. You can change or cancel these documents at anytime.
- Set up a file or files where you keep important paperwork. Some people keep original papers in a bank safety deposit box. If you do, you may want to keep copies at your house or information concerning the location of your safety deposit box. Papers might include your will; durable power of attorney; birth certificate; Social Security card; insurance policies; a health care advance directive; financial documents like bank accounts, loans, stocks and bonds; property deeds; pre-need contract (described later); cemetery deed; auto titles; veteran information; and others.

• If you have a health care advance directive, a DNRO, or a durable power of attorney discuss this with your health care provider and the significant person (or persons) in your life. When you make your loved ones aware that you have an advance directive, and you discuss with them how you would like things handled, it will better assure that your wishes will be carried out the way you want. Make them aware of the location of this paperwork and give a copy to your health care provider and to the person who you ask to be your health care surrogate or durable power of attorney.

Grief and Loss

You and your loved ones will probably go through a wide range of feelings. There is no right or wrong way to grieve, and each person will have his or her own way and time for grieving.

Grief and loss can begin before a patient dies and, for survivors, can continue long afterwards. Holidays, birthdays, anniversaries, certain activities or locations, even smell and taste can bring on a sudden sense of loss and grief. In our fast paced society others might expect we should move quickly through grief and put it behind us. But grieving can be a slow passage that moves through many changes.

You might choose to grieve alone or might want the support of loved ones. You might become active in your community or with hobbies, to help you through the grieving process. You may turn to your religious community or draw on your spirituality to help you through. Also, most hospice programs offer grief and loss services to anyone in the community, even if the patient did not receive hospice services. Other resources include books, support groups, or counseling.

Final Arrangements

Often people do not think about final arrangements until after a person has died. Then decisions must be made quickly during an emotional and stressful time. It is possible to plan ahead by discussing your wishes with the significant person (or persons) in your life and writing down how you would like things to be handled.

You can pay in advance for a burial site, cremation, and/or funeral services through a pre-need contract with a funeral home, crematory, or cemetery. Or you might decide in advance to donate your body to science. The information in this section can help you think about what you would like.

Funeral Services

People usually think of funeral services as the viewing at the funeral home and a graveside service. However, the services can include many choices.

Funeral costs include the basic services of the funeral director and staff. This covers funeral planning, getting necessary permits and the death certificate, sheltering the remains until the burial or cremation is completed, and coordinating with the cemetery, crematory, or other third parties.

Additional services include transporting the remains, embalming, use of the funeral home for viewing or a memorial service, graveside service, use of a limousine, a casket, grave liner (a container that either covers the top and sides of the casket or completely encloses the casket), and cremation or burial.

These additional services can vary in price among funeral homes and not all of the services are required. For example state law does not require embalming, but if there is going to be a viewing, the funeral home will probably require it. A grave liner is also not required, but a cemetery can include it as part of their contract. A viewing, memorial service, graveside service, or use of a limousine is not required.

There also can be cash advance charges for goods and services the funeral home buys for you from outside vendors, such as flowers, obituary notices, pallbearers, clergy, and musicians. These services also can vary in price and are not required.

Since there are choices about the services you can buy be sure the funeral provider clearly explains all of them. Make it clear to the provider which services you want or do not want.

Many funeral providers offer a variety of packages that include certain goods and services. These packages might include services you do not want. You are not required to accept a package deal and instead can buy only the individual goods and services you choose.

You also can buy products and services from different businesses. For example, you can buy a casket from one source and then arrange the funeral service through another. A funeral home cannot charge a handling fee if you buy the casket from another source. You can compare services and prices, and choose the business with which you feel most confident and comfortable.

Arranging funeral services can be emotional and difficult. You might be influenced to pay more than you want or can afford. The Funeral Rule, enforced by the Federal Trade Commission, requires funeral directors to give you in person or over the phone a detailed price list of their services and all products they offer.

If a funeral home does not show you lower priced items, such as a simple pine casket, you may want to ask to be shown these. If they do not have what you want, you can contact another provider.

Burial

Burial involves several choices. A person can be buried in a casket, which can range from an unfinished wood box to an elaborate metal casket. The remains from a cremation can also be buried. Burial can be in the earth, in a mausoleum (a building above ground), or in a columbarium (a structure for cremated remains, that can stand alone or be part of a mausoleum). Costs can include:

- Cemetery plot, or space in a mausoleum or columbarium
- Grave liner (if required by the cemetery)
- Graveside services (if desired)
- Opening and closing the grave, crypt, or niche
- Grave marker
- Everlasting care of the site

A direct burial is when the deceased is buried shortly after death. Direct burial is less costly because there is no viewing at a funeral home, there is no need for an elaborate casket, and embalming is not necessary. You can still hold a memorial service (without a viewing) at your home or in a religious building, funeral home, cemetery, or other location.

Questions in choosing a cemetery site might include:

- Are there restrictions on the type of monument or memorials permitted?
- Will the cemetery require a grave liner?
- Can flowers and remembrances be placed at the grave, mausoleum, or columbarium?
- Do the fees include everlasting care of the site or is that a separate expense?

Cremation

Cremation is done through a heat process where the body is reduced to ashes and bone fragments, which are referred to as cremated remains or cremains. A casket is not required for a cremation, but an alternative container will be used to hold the deceased during the cremation. This can be an unfinished wood box, a cardboard box, or a container that covers the entire body and is rigid enough for handling. After cremation the cremains can be placed in a simple box provided by the establishment, or a decorative urn can be bought or provided by you.

Cremation can be done through a funeral home or a direct disposal establishment. When done through a funeral home a viewing at the funeral home can be a part of the service, if so desired, prior to cremation. If you choose to do this it may be possible to rent a casket for the viewing

and then have the body cremated in an alternative container. A viewing cannot be held if you use a direct disposal establishment.

Direct disposal establishments are licensed to transport and store the deceased until the cremation is carried out, complete the death certificate, cremate or arrange for cremation, obtain the necessary permits for direct disposal, and arrange for newspaper obituaries. These establishments cannot carry out the other responsibilities of a licensed funeral home. To find out if there is a direct disposal establishment in your area, check the phone book or view the website of the Division of Funeral, Cemetery and Consumer Services at the Florida Department of Financial Services (http://www.myfloridacfo.com/division/funeralcemetery/).

Direct cremation is less costly because there is no viewing at a funeral home, there is no need for an elaborate casket, and embalming is not necessary. You can still hold a memorial service (without a viewing) at your home or in a religious building, funeral home, cemetery, or other location.

After cremation the cremains can be buried in a gravesite, be placed inside a columbarium or mausoleum, be taken home, or be scattered in a favorite spot.

Burial at Sea

Active military personnel and veterans can have their bodies or their cremains buried at sea by the Navy. For more information visit navy.mil.

Private citizens can arrange for burial at sea through a funeral home, a crematory, or they can arrange it themselves. If you want to arrange it yourself, please review the Federal Environmental Protection Agency's website (https://www.epa.gov/ocean-dumping/burial-sea) for conditions that need to be met for burial at sea.

Anatomical Donation

You can make an important gift to seriously ill people or to the education of health care professionals by agreeing in advance to make an anatomical donation when you die. Anatomical donations can include organ and tissue donation to persons in need or donation of your body for medical training and research.

You can indicate your choice to become an organ and tissue donor by having it put on your driver's license or state identification card (at your nearest driver's license office). You can also register online at DonateLifeFlorida.com. More information on organ and tissue donation is available on the federal website OrganDonor.gov.

Another choice is to donate your body for medical training and research. The Anatomical Board of the State of Florida coordinates donations to medical schools in the State of Florida. For more information visit https://anatbd.acb.med.ufl.edu/ or call the toll-free number (800) 628-2594.

To donate your body for medical training and research you, or your survivors, must arrange with a local funeral home and pay for an embalming and transportation of the body to the Anatomical Board located in Gainesville, Florida.

After being used for medical education or research, the body will usually be cremated. The cremains will be returned to loved ones, if they requested that at the time of donation, or the Anatomical Board will spread the cremains over the Gulf of Mexico.

If you decide you want to make an anatomical donation be sure to let your loved ones know as it will better assure that your wishes will be carried out the way that you want. If you change your mind and want to cancel it, contact your local driver's license office about organ donation (if your driver's license or state identification card states you are an organ donor) and the Anatomical Board about body donation.

Pre-Need Contract

Some people plan their own final arrangements and sometimes pay for them in advance. A contract can be made with a funeral home, cemetery, and/or a direct disposal establishment. Such arrangements can be made when one is healthy and not pressed with the emotions of a lifethreatening illness. Such pre-arrangements can help the surviving loved ones during their time of grief and loss.

If you have a pre-need contract for funeral services it is important to tell the significant person (or persons) in your life who the contract is with, what it covers, and where the contract paperwork is filed. In the event of your death, the paperwork will be easy to find and arrangements can be carried out according to your plan.

Questions in considering a pre-need contract might include:

- What services are covered by the contract?
- What happens to the money I have prepaid?
- If I cancel the contract can I get a full refund?
- What if I relocate and no longer want to use the funeral provider or cemetery?
- What if I die while away from home?

The business offering a pre-need contract is required to secure it in a trust fund or with an insurance policy. If the company does not honor the contract or tries to collect additional money to carry out the services, your survivors can report this to the Division of Funeral, Cemetery and Consumer Services at the Florida Department of Financial Services. Find contact information on their website http://www.myfloridacfo.com/division/funeralcemetery/.

If you do not want to enter into a pre-need contract, but would like to financially prepare for your funeral services, you can save money towards this cost.

Financial Considerations

Funeral expenses can range anywhere from \$1,000 to \$10,000 or more, depending on the choices you make. A cremation with no viewing at a funeral home and no burial will be less expensive than a funeral with the full range of services. A direct burial also can be less expensive. Before making arrangements consider what is important to you and your loved ones, how much you can afford, and what you wish to spend.

If you have earned enough Social Security credits, there is a special lump-sum death benefit payment of \$255 that can be paid at the time of your death to your husband/wife or minor children if they meet certain requirements. Additionally, certain family members may be eligible to receive monthly Social Security benefits. For more call the toll-free number (800) 772-1213 or TTY (800) 325-0778 or visit <u>SSA.gov</u>.

Active military personnel, veterans, and their husbands/wives and dependent children are entitled to a free burial, grave liner, grave marker, and everlasting care in a national cemetery. There is no charge for opening and closing the grave, or for setting the marker in a national cemetery. In addition, active military personnel and veterans are eligible for burial at sea, or for a grave marker in any cemetery in the world. These benefits are also available to some civilians who provided military-related service and to some U.S. Public Health Service personnel. For more Information, contact the U.S. Department of Veterans Affairs National Cemetery Administration's toll-free number (800) 827-1000 or visit CEM.va.gov.

Additional Concerns

- What if a person dies while away from home, in another city, state, or country? Contact a funeral provider in your town or city and they can make arrangements for the transfer of the deceased to the location of your choice. You can also arrange for cremation in the city where the person died and have the cremains sent to you or to another location.
- Who should be called when a person dies outside of a medical setting? If the person was receiving services from a hospice program contact the hospice. If the person did not have hospice services call local law enforcement and an ambulance, which in most areas would be the phone number 911.
- What happens to a person's financial assets, possessions, and unpaid debts after death? If there is a will, the custodian of the will must deposit it with the Clerk of the Court within 10 days of learning of the person's death. You may want to consult with an attorney to find out whether a probate proceeding is required.

When probate is required, the personal representative (either named in the will or appointed by the court) is required to notify the beneficiaries of the will, publish a notice to creditors,

and other tasks. The representative can also hire an attorney to handle settlement of the estate.

For more information on this process contact an attorney or your County Clerk of the Court.

- What else will need to be taken care of after death? The following will not necessarily apply to everyone. If any of the following apply to your situation:
 - File any life insurance claims
 - Contact the deceased's place of employment to ask about any possible benefits o
 Contact Social Security, Veterans Affairs, and other organizations that may provide benefits or that need to be informed of the death
 - Notify banks about accounts, companies about loans, and change property titles (if these tasks were not already done)
 - Obtain copies of the death certificate to be used in making these types of notifications and claims
 - Close out accounts, as needed, like utilities, cable services, services that deduct payment directly from a bank account, etc.

A will or a probate hearing may affect some of these tasks. You may decide to carry out these kinds of tasks yourself or you may hire an attorney to do them.

Additional Consumer Guides Include:

A Patient's Guide to a Hospital Stay
Assisted Living in Florida
Health and Human Services Programs
Health Care Advance Directives
Home Health Care in Florida
Long-Term Care
Nursing Home Care in Florida
Patient Safety
Understanding Prescription Drug Costs

Note: This is not designed to offer medical or legal advice. Please talk with your doctor for medical advice and an attorney for legal advice.

Information is current as of April 2020.

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